

# Health Developmental Rubric



## Learning Area: Personal, Social and Community Health

### Developmental Progression

#### Indicators

	Level 5	Level 6	Level 7	Level 8	Level 9	Level 10
Being healthy, safe and active	<p>Identifies influences of emotions and behaviour; influences on people and places have on personal identities; and developmental changes and transitions.</p> <p>Identifies strategies that promote health, safety and wellbeing.</p>	<p>Explains influences of emotions and behaviour; influences on people and places have on personal identities; factors that influence how people interact; and developmental changes and transitions.</p> <p>Implements plan strategies that promote health, safety and wellbeing.</p>	<p>Lists and explains strategies aimed at enhancing their own health, safety and wellbeing; and how to manage changes and transitions in development.</p> <p>Discusses ways to seek support and describe strategies to help overcome barriers</p> <p>Applies understanding to manage personal, physical and social changes as they grow.</p>	<p>Evaluates strategies aimed at enhancing their own and others' health, safety and wellbeing; and how to manage changes and transitions in development.</p> <p>Analyses and examine ways to seek support and implement strategies to overcome barriers.</p>	<p>Evaluates contextual factors that influence their identities, relationships and behaviours.</p> <p>Identifies and analyses accessibility and effectiveness that contribute to the health, safety and wellbeing choices and the impact on the community.</p>	<p>Critically analyses contextual factors that influence their identities, relationships and behaviours.</p> <p>Accesses, synthesises and applies health information from credible sources to propose and justify responses to situations in the home, in the school and the community</p>
Communicating and interacting for health and wellbeing	<p>Identifies practise skills to establish and manage relationships</p> <p>Examines the influence of emotional responses on behaviour, relationships and health and wellbeing</p> <p>Analyses how media and important people in the community influence personal attitudes, beliefs, decisions and behaviours</p>	<p>Identifies the influences people and places have on personal identities.</p> <p>Describes the influence of emotions on behaviours and discuss factors that influence how people interact.</p>	<p>Examines the benefits of relationships and examine their impact on their own and others' health and wellbeing</p> <p>Describes factors that influence emotions, and develop strategies to demonstrate empathy and sensitivity</p> <p>Identifies skills to evaluate health information and express health concerns</p>	<p>Analyses strategies and resources to manage changes and transitions and their impact on identities.</p> <p>Evaluates the benefits of relationships on wellbeing and respecting diversity.</p> <p>Analyses factors that influence emotional responses</p>	<p>Describes how empathy and ethical decision-making contribute to respectful relationships</p> <p>Evaluates situations and propose appropriate emotional responses and then reflect on possible outcomes of different responses to health and wellbeing</p> <p>Evaluates health information from a range of sources and apply to health decisions and situations</p>	<p>Analyses the impact of attitudes and beliefs about diversity on community connection and wellbeing</p> <p>Evaluates the outcomes of emotional responses to different situations</p>
Contributing to health and active communities	<p>Describes the role of preventive health in promoting and maintaining health, safety and wellbeing for individuals and their communities</p> <p>Determines how participation in outdoor activities supports personal and community health and wellbeing.</p> <p>Demonstrates how celebrating similarities and differences can strengthen communities</p>	<p>Describes how community wellbeing is supported by celebrating diversity and connecting to the natural and built environment.</p> <p>Applies health information and strategies to enhance their own and others health, safety and well-being at home, at school and in the community.</p>	<p>Creates or identifies strategies and resources to enhance the health, safety and wellbeing of their communities</p> <p>Connects natural and built environments to promote the health and wellbeing of their communities</p> <p>Examines the benefits to individuals and communities of valuing diversity and promoting inclusivity</p>	<p>Demonstrates the significance of physical activity by identifying how it can enhance health and wellbeing.</p> <p>Gathers and analyses health information. Justifies actions that can promote the health, safety and wellbeing of an individual and a community.</p> <p>Identifies personal and social skills required to establish and maintain respectful relationships and inclusivity.</p>	<p>Implements and critique strategies to enhance the health, safety and wellbeing of their communities</p> <p>Evaluates new and creative interventions that promote their own and others' connection to community and natural and built environments</p> <p>Critiques behaviours and contextual factors that influence the health and wellbeing of their communities</p>	<p>Accesses, synthesises and applies health information from credible sources. Uses information to propose and justify responses to situations in the home, in the school and the community.</p> <p>Examines the role physical activity has played historically in defining cultures and cultural identities.</p>